

**Asfordby Amateurs
Ladies, Girls, Inclusive FC**



INCLUSIVE FOOTBALL

**FOOTBALL FOR PLAYERS WITH
DISABILITIES**



**We offer opportunities for players with disabilities
of all ages and abilities to play football in inclusive
sessions and teams.**



**For a chat to find out more contact
Lone Hansen – Inclusive Section
07762 678135 | the3girlsmillin@btinternet.com**

Asfordby Amateurs Ladies, Girls Inclusive FC



www.aalgifc.co.uk



Team / Session	Age Group	Training
PLAY PHASE		
Tots	EYFS / Year 1	Wed 5:30-6:15pm
FOUNDATION PHASE		
Juniors	5-11 years	Thurs 5:30-6:30pm
YOUTH DEVELOPMENT PHASE		
Youth	12-16 years	Thurs 5:30-6:30pm
SENIOR PHASE		
Adults	16 years and above	Thurs 6:00-7:00pm

All training sessions take place at John Ferneley College