

**New College Leicester**  
Learning & Sports Village



Outstanding Progress for All

# COMMUNITY LINK 2016

Putting the College at the heart of the community



# Welcome to New College Leicester Learning and Sports Village

New College Leicester  
Learning & Sports Village



**New College Leicester Learning and Sports Village continues to take its role within the community very seriously. Community cohesion is part of the ambition of the college leadership and placing the college at the heart of the community is one of our priorities. New College Leicester is more than a school it is a community asset that we are keen to share with the wider community beyond the school day.**

Continuing to lead the way within sports development, the college and our partner sport clubs have had yet another successful year. Club memberships of our clubs is increasing and we have great pleasure in welcoming new partners such as Premier Star Cheerleaders and Leicester City Girls Centre of Excellence to our sports partnership. Each of our partner clubs looks forward to welcoming additional members and all of their details are contained in this community link magazine.

We continue to work closely with the professional sports clubs in the city and we have strong working relationships with Leicester City Football Club, Leicester Riders Basketball Club and Leicestershire County Cricket Club, all of whom are making use of our facilities regularly to deliver their various initiatives.

Our sports facilities are some of the best in the city and we are proud of the fact that we share these with the wider community. Alongside our great sporting facilities we have some high quality facilities to accommodate meetings, conferences and workshops. All of our rooms have state of the art interactive white boards and projectors to allow the professional delivery of any presentation.



We are always looking to enhance our facilities to further the aims of the college. We have some exciting developments in the pipeline which includes the possible construction of a closed road cycle track. This proposed 1km road, void of any traffic, will provide a safe environment for both the recreational cyclist and elite road racers. It doesn't matter whether you are young or old or how talented you are, this facility will be for all members of our community. Further in the future, there is the possibility of resurfacing the tennis and netball courts to create yet another facility that will be available for our community.

Since September 2014 we have been delivering our own Catering and Hospitality service, and the results have been extremely impressive. Not only do we cater for our students, we now offer a hospitality service on and off-site for meetings, conferences and workshops. We can cater for large or small numbers and will deliver this free within a radius of 4 miles. April 2015 also saw the opening of our own coffee shop in the heart of the college which is open during community hours and is a welcome retreat for those parents waiting for their youngsters to complete their activities. Even if you are not using our facilities please feel free to drop in for a coffee and a friendly welcome from our staff.

Our professional staff operating the school for community use always go above and beyond to make your New College experience an outstanding one.

We are always pleased to see new users, partners and customers so if you want to see what New College Leicester can do for you then please do not hesitate to get in touch with our Business Development Manager and he will be delighted to show you around our college.



**Jane Brown**

Principal  
New College Leicester,  
Learning & Sports Village



**Wayne Allsopp**

Business Development Manager  
New College Leicester,  
Learning & Sports Village

## Page Index

<u>Group / Organisation</u>	<u>Page</u>	<u>Group / Organisation</u>	<u>Page</u>
New College Venue Hire .....	04 – 05	Leicestershire & Rutland Cricket .....	15
New College Catering and Hospitality .....	06	Leicester Riders Basketball Club .....	16 – 17
New College Partnership Development .....	07	Leicester City Girls Centre of Excellence .....	18
Sapphire First Aid at New College .....	08	New Parks Leisure Centre .....	19
Allerton & New Parks Football Club .....	09	Premier Star Cheerleaders .....	20
The Gymnastics Centre at New College .....	10 – 11	UK Dodgeball Association .....	21
Leicester Forest Cycling Club .....	12 – 13	Leicester Wheels for All .....	22
Leicestershire County Cricket Club .....	14	Leicester City Football Club .....	23

## Sports Hall

Pricing Structure for September 2015 – August 2016



Monday – Friday 4.30pm – 9.30pm (Hourly charge)			
Price	Discount Price*	Junior (U16s)	Discount Price Junior (U16s)**
£40.00	£35.00*	£35.00	£32.50**

All prices are subject to VAT

\* Discount prices for annual bookings, ClubMark Clubs and NGBs

\*\* Juniors (U16) Discount prices for annual bookings, ClubMark Clubs and NGBs

Saturday – Sunday (off-peak) 8.00am – 5.00pm (Hourly charge)			
Price	Discount Price*	Junior (U16s)	Discount Price Junior (U16s)**
£35.00	£31.50*	£31.50	£28.50**

All prices are subject to VAT

\* Discount prices for annual bookings, ClubMark Clubs and NGBs

\*\* Juniors (U16) Discount prices for annual bookings, ClubMark Clubs and NGBs



## Grass pitches per fixture or training session

Pricing Structure for September 2015 – August 2016

Football			
	Dimensions (Yd)	Price	Discount Price*
Senior Pitch	110 x 70	£48.00	£43.00*
Juniors: 13–14 years	90 x 55	£35.00	£31.50*
Juniors: 15–16 years	100 x 60	£35.00	£31.50*
Under 11s & 12s (9v9)	80 x 50	£30.00	£27.00*
Under 9s & 10s (7v7)	60 x 40	£30.00	£27.00*
Under 7s & 8s Mini (5v5)	40 x 30	£25.00	£22.50*
Training and Training Grids		£22.00	£20.00*

All prices are subject to VAT

\* Discount prices for annual bookings, ClubMark Clubs and NGBs



Rugby			
	Dimensions (Yd)	Price	Discount Price*
Senior Pitch		£48.00	£38.40*

All prices are subject to VAT

\* Discount prices for annual bookings, ClubMark Clubs and NGBs





## Pricing structure for other facilities

All of the prices below are hourly rates and are inclusive of the use of IT equipment

Other facilities	
Facility	Price per hour
Theatre	£50.00
Central Hall	£35.00
Community Room	£27.50
Car Park	£35.00
Conference Room	£27.50
Meeting Room 1	£22.50
PE Room	£27.50
Boxing Gym	£22.50
Football Pavilion (9am – 6pm term time only)	£27.50
Staff room	£25.00

All prices are subject to VAT

## 3G Pitch (Monday – Friday 4pm – 6pm)

	Adults	Juniors (U 16s)
One third of the pitch	£30.00	£25.00
Full pitch	£65.00	£55.00

All prices are subject to VAT

Sport England's Clubmark scheme recognises sports clubs that create safe, high-quality and welcoming environments for young people.

Introduced in 2002, Clubmark accreditation recognises the role sports clubs play in encouraging young people to take up sport, learn new skills, fulfill their potential and maintain lifelong participation.

It recognises best-practice and compliance with minimum operating standards in:

- Club management
- Safeguarding and protecting children and young people
- Creating the right combination of coaching, training and competition
- Promoting a child-friendly culture appropriate to the local community.

With 10,500 clubs across 50 sports now accredited, Clubmark continues to go from strength to strength, with clubs reaping tangible benefits such as increased participation, support developing coaches and volunteers, and improved links with schools.

Accredited clubs also receive marketing and communications support and help in adopting more organised systems and structures to increase efficiency and effectiveness



## Get in touch

If you're looking for an affordable venue that does not compromise on quality, then look no further.

Contact the colleges Business Development Manager today, tel 0116 231 8517 or email [wallsopp@newcollege.leicester.sch.uk](mailto:wallsopp@newcollege.leicester.sch.uk)

We would be delighted to show you around the college.

# Catering and Hospitality Services at New College Leicester

New College Leicester  
Learning & Sports Village



## Hospitality

As well as providing a quality service to the students at our college the catering team also provide hospitality for meetings, this could be light refreshments and homemade cake and pastries or a full buffet lunch. For a copy of our menu options please see the college website.

## Coffee Shop at New College Leicester

Coffee Shop opened earlier this year and has proved to be a great success. We serve Rijo coffee and grind the beans for each cup to ensure the coffee is as fresh as possible. We have a great selection of coffees and teas available and our Hot Chocolate can be served with marshmallows, sprinkles and cream, how indulgent do you want to be?

The area is WI-FI friendly and we now have music playing too, the perfect place to enjoy your favourite brew.

We provide a wide selection of homemade treats, these change daily so please see the menu at the till for Shelley's latest creations.

At New College Leicester we try to be allergy aware, so some of our homemade treats are dairy or gluten free. We also welcome ideas of other items we could provide to extend this range.

Is there any cake bake or slice you would like to see, if so please speak to our Coffee Shop Supervisor Annette, who will be only too pleased to make a note of your suggestions.

## Loyalty Cards

Have you started collecting yours yet?

Your card is stamped for each hot beverage served.

5 stamps = 1 free hot beverage of your choice.

## Travel Mug

Have you purchased yours yet? We have a very stylish Travel Mug available at a very reasonable price of £5.50 with your choice of hot beverage. Your drink stays hot for the journey home!

Our coffee is very competitively priced as are our homemade treats. Chilled Drinks and a selection of confectionary also available.

## Opening Times

Tuesday to Friday 3.00 pm – 7.00 pm

Saturday mornings 9.00 am – Midday

Saturday afternoons & Sundays for events



## Get in touch

To make a booking, contact Jane Kingscott. Tel 0116 231 8508 or email [jkingscott@newcollege.leicester.sch.uk](mailto:jkingscott@newcollege.leicester.sch.uk)

# New College Community Partnership Development Team

New College Leicester  
Learning & Sports Village



**The Community Partnership Development team is responsible for setting up and monitoring a wide range of projects including Mentoring and Paired Reading at the college.**

The team runs a number of volunteering opportunities for our local community ranging, from an hour a week on our paired reading project to classroom placements for one or two days a week. We are particularly keen to offer placements to members of the local community seeking to gain experience to help them to change jobs or to return to work. The college is very proud of our paired reading project and we have a dedicated team of over 30 community volunteers who come into college for an hour a week to work with students.

We are particularly keen to develop our allotment project and are hoping to work more closely with various community projects. At the moment we have a group of local adults working two days a week in our allotment area. If you are interested in helping us to run our community allotment then contact any of the team. The sessions run on Monday and Thursday starting at 10.15 am until 2.30 pm.

We continue to work with the Prince's Trust and other organisations such as Telefonica and University of Leicester. We also have particularly strong links with the Square Mile Programme at De Montfort University. Undergraduates help us with both paired reading and mentoring projects. We also have university students volunteering in classrooms working alongside teachers to provide additional support to enhance the learning experiences of our own students. University students also run a variety of other projects including a dance club, magazine club, poetry experience, volleyball club, the list goes on! Last academic year we had over 140 volunteers working at the college in a variety of capacities.

The Community Partnership Development team will discuss any ideas you may have to gain experience or simply want to volunteer at the college. Please do not hesitate to contact us. All volunteers are expected to have DBS clearance / or be closely supervised for safeguarding purposes.



## Get in touch

For more information regarding volunteering at New College Leicester, please feel free to contact us on 0116 231 8500 Ext.193

# Sapphire First Aid at New College Leicester



Sapphire First Aid Ltd

**The College has now become our training centre in Leicestershire. We have run 15 courses with 64 staff, students and guests attending last year. The courses we run range from Paediatric to Full First Aid at Work with excellent feedback about the quality of the training. This year the list of courses is set to increase in size and subject.**

In 2016 we will be offering:

- First Person on Scene (Intermediate)
- First Aid at Work (Level 3)
- First Aid at Work Requalification (Level 3)
- Paediatric First Aid (Level 3)
- Emergency First Aid at Work (Level 2)
- Paediatric Emergency First Aid (Level 2)
- CPR & AED (Defibrillation) (Level 2)
- Anaphylaxis
- Risk Assessment of First Aid Need
- Evacuation chair
- Epilepsy awareness

Our qualifications are all approved by Ofqual through our awarding body. Our trainers all have professional first aid instructor qualifications and have a minimum of three years' experience as a first aider in the work place many in front line public services. This means all of our candidates can be assured of quality instructors who can pass on their experience as well as knowledge.

We are not just a training company however - we also provide First Aiders, Emergency Medical Technicians and Paramedics for events cover. We apply the same standards to our event team as we do to our trainers.



## Get in touch

For more information please contact Chris Booth at Sapphire First Aid - tel 07739 797614 or email [chris@sapphirefirstaid.com](mailto:chris@sapphirefirstaid.com) Visit us at [www.sapphirefirstaid.com](http://www.sapphirefirstaid.com)



# Allextion & New Parks Football Club

**Formed in 1996, Allextion & New Parks Football Club is one of the largest junior football clubs in Leicestershire. A brilliant facility for children from age five to develop the skills needed for the game.**

We have tremendous facilities, amongst the best in the County, and we feel it is an excellent place and environment for young people to play football. 2014 – 2015 was yet again another successful year for the club both on and off the field. Increased club membership and success at senior and junior level continue to prove that the club are doing things in the right way. The aims and objectives of the committee and the executive remain the same of providing an organised programme of recreational football for the young people in the area, aged 5 years up to senior level, with over 25 teams competing last season.

Last seasons Under 16's having a fantastic season winning the league, league cup and county cup. Let's hope for more of the same next season.

Through these opportunities the club endeavour to develop young people's physical, mental and spiritual well-being, so as to encourage their growth into mature, responsible and valued members of society. The club looks forward to continuing to work with colleagues at New College Leicester to drive forward the great work in 2015 – 2016 in line with the strategy and all the other sporting partners.



NIKE  
PARTNER  
CLUB



Last season  
our Under 16s  
won the league,  
league cup and  
county cup



## Get in touch

For more information or enquiries, contact:

Tony O'Brien - tel 0773 997 0714 or email [tonyobrien.anpfc@gmail.com](mailto:tonyobrien.anpfc@gmail.com)

Dean White - tel 0780 270 8431 or email [secretary.minis@gmail.com](mailto:secretary.minis@gmail.com)

Visit us at [www.anpfc.org](http://www.anpfc.org)

# The Gymnastics Centre New College Leicester



**British  
Gymnastics**  
More than a sport

**The Gymnastics Centre in the college was built as a partnership project between New College Leicester, Hinckley Gymnastics Club, Sport England and British Gymnastics (National Governing Body of Gymnastics and Trampoline in Great Britain).**

New College Gymnastics Centre is one of several venues specialising in gymnastic activities managed by Hinckley Gymnastics Club. The club was founded in Charles Keene College in Leicester and extended its services to the Leisure Centre Hinckley in 1978 then into the UK's first self build dedicated safety pit training facility at Clarendon Park Hinckley. With classes across the county the club delivers an exceptional, Award Winning, community provision from recreation to Elite performance (Commonwealth and International medals), a Disability regional hub, Street Games Doorstep Clubs and running up to 50 spectator events a year in the college.

At New College Leicester, members can enjoy a range of classes and activities that gather up all the skills and challenges of acrobatic, fitness and competitive performance.

**PRE SCHOOL** every Friday 1-2 pm at Clarendon Park Hinckley.

**RECREATION GYMNASTICS** a wide range of classes at New College Leicester, Elizabeth Woodville, Hinckley Clarendon and Beaumont Leys School.

**FOUNDATION GYMNASTICS** at New College Leicester, Elizabeth Woodville, Hinckley Clarendon and Beaumont Leys.



**DEVELOPMENT AND COMPETITIVE TRAINING** at New College Leicester and Clarendon Hinckley. Out of this relatively small club, 37 International gymnasts have emerged, a European champion, National Champions in GB, England, Scotland and Wales. Classes are by audition with strict targets and age related skills. For a sport career in gymnastics this is the way to go but it requires great dedication and commitment. Ages 5 to 25.

**MY CLUB GYMNASTICS** these classes look at all gymnastics apparatus, Team Gym, display gymnastics and Gymnastics For All where students are allowed to drive the activities and help to plan their program. Ages 11-18. Fully qualified staff assist in developing students personal interests.

**DISABILITY GYMNASTICS** a new venture for the club with dedicated classes for Autistic students, students with learning difficulties and physical challenges. The club hosts Disability Gymnastics seminars and taster sessions and runs 2 competitions each year. The club assists in the management of Down Syndrome championships, national and International.

**FREESTYLE GYMNASTICS** a collection of classes which gather up anything that goes upside down. With one of the best urban environment indoor apparatus set ups, the club can build a landscape in the gym that will challenge any freerunner, acrobat or Traceur (parkour). Students are very much self driven with the club offering specialist help in technical and safety matters. The club hosts the Parkour Academy affiliated to Parkour UK.

**STREET GAMES** We have Doorstep Clubs in Clarendon Hinckley (Mon, Thurs and Sat) and at New College Leicester every Monday. Ages progress across the evening from 5pm for under 14 to adults at 8pm, This class gathers up many interests for young people and adults in gymnastics, free running, B Boy, street dance, theatre, military, street workout and cheer.

**ADULT TUMBLE** for those who have seen TV TUMBLE or who have been gymnasts in the past or perhaps just want to try a more dynamic fitness program. Classes have all ages 18+ in groups with staff who assist in learning a variety of activities. A very social and friendly class, Monday and Thursday 8pm – 9pm.



## Get in touch

Visit our website at  
[www.hinckley-gymnastics-club.com](http://www.hinckley-gymnastics-club.com)  
to see our activities and make any enquiries



# Leicester Forest Cycling Club



**LEICESTER**  
*Forest*



**SAFER, SMARTER, FURTHER, FASTER...**

However you enjoy cycling, enjoy it with the Leicester Forest Cycling Club.

London to Edinburgh, to Paris, to Istanbul... We can do that.

10 miles in less than 20 minutes, 100 miles in less than 4 hours... We can do that.

Track cycling, team pursuits, time trials... Could you do that?

Tour of Britain, Tour de France... Could you do that?

And, to provide coaching for a variety of bike handling skills, exercises and games in a safe environment, Leicester Forest Cycling Club can do that.



Oh, and want to look the part whilst you are cycling?

Join Leicester Forest Cycling Club, and wear our smart club colours with pride.



## Get in touch

All details can be found on our website at [www.leicesterforest.org.uk](http://www.leicesterforest.org.uk)

For more details on the coaching sessions, contact Steve on 07545 877204 or Helen on 07548 149370, or go online at [www.leicesterforest.org.uk/coaching](http://www.leicesterforest.org.uk/coaching) or email [coaching@leicesterforest.org.uk](mailto:coaching@leicesterforest.org.uk)



Go-Ride cycling coaching for young people continues at New College Leicester. Making full use of the excellent facilities here, including a safe, off-road, tarmac area and additional grassed area if required, and having coaching equipment and even spare bicycles for use by the coaches and young people, the Go-Ride coaching sessions cater for 5-16 year olds, of all abilities.

British Cycling qualified coaches lead all sessions, currently running fortnightly, on Monday evenings, 6.15 – 7.45pm, throughout the year.

Coaching sessions typically comprise safety checks, basic cycling skills, bike-handling exercises, games, races, and FUN, all at an appropriate level to suit all age groups. We now have young cyclists regularly taking part in competitions at Mallory Park and Prestwold, not without success.

But, it is not all about racing. Good fun, team spirit, and healthier lifestyles are just as important to us, as well as an opportunity to meet and make new friends.

With the skills acquired at the New College Leicester Go-Ride coaching sessions, young cyclists can go on to participate in the whole range of cycling activities. LFCC have members who actively take part, organise and promote time trials, road races, Audax, off-road and cyclo-cross events, Sportives and social events.

And if competition is not your 'thing' we also do club rides, family and social rides, long distance and touring.



# Leicestershire County Cricket Club



**Leicestershire County Cricket Club is preparing for a big summer in 2016 including an exciting cricket fixture list and Elton John's concert. Elton is performing in the city for the first time in 40 years when bringing his Wonderful Crazy Night to Grace Road on Saturday June 11.**

We would love to see our young supporters join us for the 2016 season and Charlie Fox Club Membership for under 16s represents amazing value for money.

Membership costs just £10 and includes entry to all NatWest T20 Blast group matches, the three-day tourist game against Sri Lanka and admission to all games in the County Championship and the Royal London One Day Cup.

Our Charlie Fox Members also receive an exclusive coaching session with Leicestershire CCC players and coaches as well as a discount on our coaching clinics and club merchandise.

Charlie Fox Membership benefits include:

- Admission to all fixtures at Grace Road (excluding T20/RL50 knockout games)
- Free coaching session with LCCC players and coaches
- 10% discount on Coaching Clinics
- 10% discount on club merchandise
- Opportunity to be our matchday mascot
- Free goody bag available

For more information about Charlie Fox Membership or the Elton John concert, which is subject to licence, please call the ticket office on 0116 245 2401.

**2016 Charlie Fox Club** U16s only **£10**

**2016 membership for under 16s includes...**

- Admission to over 40 days of cricket! (including seven full-time T20 Blast, four RL50, eight DV-CC matches - plus the Sri Lanka three day tourist match)
- Free training sessions with LCCC players and coaches at the first match of the season
- Opportunity to be our matchday mascot
- 10% discount on Coaching Clinics
- 10% discount on Club Merchandise
- Free Goody Bag
- Exclusive Charlie Fox newsletter

**All of this for only £10 and so much more!**

To join call 0116 245 2401 or visit [www.leicestershireccc.co.uk](http://www.leicestershireccc.co.uk)



## Get in touch

Visit our website at [www.leicestershireccc.co.uk](http://www.leicestershireccc.co.uk)  
 You'll also find us on Facebook - /leicsfoxes  
 and Twitter - @leicsccc

# Leicestershire & Rutland Cricket Ltd



## School delivery programme

There are 5 packages on offer to Primary Schools:

- **Platinum Package – £1500** (72 hours curriculum coaching)
- **Gold Package – £1200** (54 hours curriculum coaching)
- **Silver Package – £700** (36 hours curriculum coaching)
- **Bronze Package – £400** (18 hours curriculum coaching)
- **Basic Package – Free** (Up to 8 Hours curriculum coaching)

**Chance to Shine** is a charity, first launched in 2005, whose funding subsidises the free element of our cricket delivery allowing us to provide value for money with our high quality programmes.

## Our Community

We run Last Man Stands and Street which is again funded by Chance to Shine and is FREE for 3 main groups.

- Youth (8-14 years)
- Girls (8-16 years)
- Young adults (16-25 years)

**To find out more, please enjoy our Street Chance and other videos at [www.youtube.com/leicscricket](http://www.youtube.com/leicscricket)**



**Watch our 'What we Offer' video to find out more about the work we do in schools and the community at [www.youtube.com/watch?v=mRu\\_Q0IHMA](http://www.youtube.com/watch?v=mRu_Q0IHMA)**



## Get in touch

Contact Mark Barber on 0116 244 2198 or email [mark@leicestershirecricket.co.uk](mailto:mark@leicestershirecricket.co.uk)  
Visit us at [www.leicestershirecricket.co.uk](http://www.leicestershirecricket.co.uk)  
or follow us on Twitter @leicscricket and Facebook /Leicestershire.Rutland.Cricket



# Leicester Riders Basketball Club



Leicester Riders  
BASKETBALL CLUB

**Leicester Riders have been working in partnership with New College Leicester for a number of years now and the partnership has grown in stature over the last 18 months.**

We are looking to launch a new element to the very successful Shoot to The Future programme which enters its 4th year with the college but to link into Street Games and promote a new Doorstep Club on a Friday Night. With Basketball being offered to the participants but also to look at a Street Dance session as well as interact with Football run by CPP on Friday evenings too! We are hoping to offer a variety of street workshops in conjunction with Street Games and the Local police to address the young person needs. It is important for us to engage and use sport as a vehicle to gather insight on how to help them through the many challenges that they may be facing.

This year also saw New College Leicester host our National League teams and brought in many people to see the facility and support the local teams. Again we have just held trials for our National league teams and we are pleased to see many local young people attending and some of them are students at the college breaking through into our National League U14 and U16 boys squads. We are grateful for being able to train and play out of this great facility.





In May 2015 we saw Riders pilot a launch of the Primary School Central Venue League which saw the college's partner primary schools take part in 4 weeks of Basketball competition and was hugely successful. We saw over 50 primary aged players competing from Stokes Wood, Hope Hamilton, Spinney Hill, Abbey and Northfield House. It is hoped that Riders will run a similar competition through the coming season linking into the School Games organisation too. This was useful for training and giving volunteers experience of running an event and mini-league to organise and oversee on the day.

Riders also continue to provide support to the college via offering an After-School Club which will hopefully grow and support a Satellite Club session. Riders are very proud to promote all of the basketball sessions at New College Leicester and have also looked at a mentoring programme from all of our programmes that are hosted at the college. It is important that we continue to recruit volunteers into our network.

Riders were able to run 4 weeks of Masterclass Coaching and from the success of this we will be launching a Coaching Academy linked to our Talent Performance strategy and look at training our keen parents and volunteers and young inexperienced coaches to run sessions across the season to share and learn from each other. From this we are now looking at launching a Coaching Academy which will be open to existing and new coaches/teachers/parents wanting to learn more about the game and become enthused by what becoming a coach can achieve. We will see this return this year and is already receiving applicants from across the Country. The Leicester Riders look forward to seeing the partnership develop further and providing the New College students and young people in the community more positive opportunities.



## Get in touch

For any enquiries, please contact  
Mandy Payne on 07801 515390 or  
email: [mandy@leicesterriders.co.uk](mailto:mandy@leicesterriders.co.uk)

To find out more about us, visit  
[www.leicesterriders.co.uk](http://www.leicesterriders.co.uk)

# Leicester City Girls Centre of Excellence



**Leicester City Girls' Centre of Excellence sits within the FA's Talent ID Pathway which seeks to develop players from grassroots clubs and the school curriculum level, through to Community Football and the Tesco Skills Programme, on to affiliated clubs, and then moving up to the Centres of Excellence before finally progressing on to women's senior football and ultimately on to England international level.**

Our Centre of Excellence has solid foundations, having been established in 1999 and being one of the first Centres to gain a licence from the FA to develop young talented female footballers in the next step up from school and club football into a professional football environment. There were previously 52 Centres of Excellence in the UK but the number of successful licence applications reduced to 28 following a stringent new Application and Review process.

We believe that talent at all levels should be nurtured and that we should make concerted efforts to raise the profile of girls' football so that our elite players not only receive the recognition they deserve, but also become strong role models for girls' participation in all sport across Leicestershire.



## Get in touch

For more information or enquiries, contact:  
**Jo Sjoberg (Staff Centre Manager) - tel 07870 111222**  
**Raffaele Long (Technical Director) - tel 07710 492936**

# New Parks Leisure Centre

## Facilities on the ground floor

- 25 meter swimming pool
- Smaller teaching pool ideal for swimming lessons
- Brand new disabled wet side changing room
- 17 station fitness gym – mixture of CV/resistance and free weights
- 5 newly refurbished open plan squash courts

## Facilities on the 1st Floor

- Bar lounge – ideal for functions and celebrations
- Dance studio for a variety of activities
- Meeting room

## Artificial football pitch

- Full size pitch
- Or 3 x 7-a-side training pitches

## Activities for young people include:

- Over 400 swimming lessons take place on a weekly basis
- Free swimming for all children on swimming lesson courses
- Free Saturday morning swimming for under 16's
- Birthday party bookings available in the pool or with a bouncy castle

## Activities for adults include:

- Free of charge – local 'physically inactive' adults can use the centre, free of charge, by joining the 'get healthy get into sport' project
- Free of charge – patients referred by their GP's can use the centre 'free of charge'
- Free of charge inductions before you join our fitness gym
- Adults over 60 years of age can pay £1 a time or £5 a month to use the leisure centre
- Join the popular ladies only swimming and aqua aerobic sessions
- Work out in our fitness classes like Pilates and relax in our yoga sessions



**Open  
7 days a week  
from 7am to 10pm  
Monday to Friday**

**And from  
8am to 1.30pm  
at weekends**



## Get in touch

**For the latest news join us on  
Facebook /leicestersports  
follow on Twitter @leicestersport  
call us on 0116 233 3080 or join  
us for a mini tour of the centre.**



# Premier Star Cheerleaders



**Premier Stars are Leicester's largest, most successful and longest running cheerleading squad.**

Premier Star Cheer and Dance was established in 1998. Teaching cheer, dance and gymnastics around Leicestershire. We currently have over 200 children being taught each week from 3 yrs to adult in competition and recreational classes. We also supply coaches to promote cheerleading, health and fitness going into numerous schools across Leicestershire.

Premier Star's competition teams had one of their most successful seasons last season gaining 19 x 1st place trophies, 9 x 2nd places and 6 x 3rd place trophies, we hold numerous regional, nationals and grand champion titles (the highest scoring team of the competition).

Premier Stars offer a highly experienced level of coaching and training. They focus on athleticism, teamwork, commitment, self-belief, confidence and most of all FUN.

We are now preparing ourselves and looking forward to our 17th competitive season with the competition teams and are offering many recreational classes throughout Leicestershire, so that more young people can be involved in cheerleading and sport, with the support readily available if they wish to progress through to the high level competition teams.

Premier Star coaches are also available to hire to teach cheerleading, dance or gymnastics. You can hire us for birthday parties, school classes or a one off event such as brownies or rainbows. To book any of our coaches please contact Debbie.



## Get in touch

If you'd like to become part of Premier Stars, please visit our website at [www.premierstarcheerleaders.co.uk](http://www.premierstarcheerleaders.co.uk) or email [debbiekiff@hotmail.co.uk](mailto:debbiekiff@hotmail.co.uk) We're on Facebook - /PremierStarCheerleaders and Twitter - @premierstars



# UK Dodgeball Association



## Enderby Dodgeball Academy information

Enderby Dodgeball Academy are seeking new members to join our expanding Dodgeball Academy. Home to the UK men's National Champions Leicester Tigers. We are looking for male and female players to come and try the fun and competitive sport of Dodgeball. Our club nights are fun, with regular socials throughout the year along with regular opportunities to enter UK Dodgeball events across the UK.

No experience is required, we have qualified coaches that can help you progress as a player. Dodgeball is a great sport to keep fit and, at Enderby, a great way to meet new people.

We are looking for players aged 15+ and can be male or female. First session is free to new members and sessions are £2 after. We play on Tuesday and Thursday nights at Enderby Leisure Centre between 8.30 pm and 10.30 pm

## Leicester Dodgeball Club information

We have just set up a second training session which will be held at Lancaster school on Wednesday from 7:45pm until 9:15pm these sessions will be to focus on the key skills used in dodgeball. With lots of training drills.

Plus we are still running our session on a Monday 8-10pm at Braunstone Leisure Centre this session is based on actual game play. Everyone's first sessions is free. The normal price is £3 for under 18 and £4 for 18 and over.



## Get in touch

For Enderby Dodgeball Academy information, contact Simon Moody at [enderbydodgeball@googlemail.com](mailto:enderbydodgeball@googlemail.com)

For Leicester Dodgeball Club information, contact Nigel Page-Winn at [nigel.pagewinn@gmail.com](mailto:nigel.pagewinn@gmail.com)

# Leicester Wheels for All



**Leicester Wheels For All is a volunteer-led project providing access to bicycles for children and adults with disabilities and differing needs. We host regular FREE open sessions on the last Friday of each month at Braunstone Leisure Centre between 10 am and 6 pm.**

Our fleet of adapted bicycles are also made available at public festivals and events throughout the year and can be made available for regular rides organised as part of the Ride Leicester Programme led by the City Council.

We have two, three and four wheeled adapted bicycles to suit a wide range of abilities. Including tandems, tricycles, four-wheelers, wheelchair carrying bikes and folding bikes for all shapes and sizes. Initial funding for bicycle purchase was provided by Leicester Public Health Team. We are also grateful for support in 2015 from Ride Leicester, Red Light Comedy Club, Future Cycles & Leicester Women's Velo.

Our trained and experienced volunteers are qualified ride leaders, cycling instructors and regular club and group riders including Leicester Women's Velo, Breeze, Leicester Forest Cycling Club, Western Park Free-riders, British Cycling and Sustrans. We work with Cycling Projects – a nationally recognised programme and charity – to provide physical and mentally stimulating fun for the whole family. You can find their website at [www.cycling.org.uk](http://www.cycling.org.uk)

We are a new project and plan to establish a home at New College Leicester as part of proposals for a new traffic-free cycling circuit in 2016. New riders, volunteers and offers of support are welcome.



## Get in touch

Keep up to date on events and contact us on our Facebook page at [www.facebook.com/LeicesterWFA](http://www.facebook.com/LeicesterWFA)



# Satellite Centres

*The Leicester City Player Pathway*



**7-11 Year Olds**



**10 Weeks Session**



**Technical Coaching**

## STARTING FROM 18 JANUARY 2016

### MONDAY

5PM-6PM GUTHLAXTON COLLEGE (WIGSTON) | 5PM-6PM CHARNWOOD COLLEGE (LOUGHBOROUGH)

### TUESDAY

5PM-6PM BROCKINGTON COLLEGE (ENDERBY) | 5:10PM-6:10PM ELIZABETH PARK (THURMASTON)

### WEDNESDAY

5PM-6PM KIBWORTH HIGH SCHOOL (KIBWORTH) | 5:30PM-6:30PM RAWLINS ACADEMY (QUORN)

### THURSDAY

5PM-6PM JOHN CLEVELAND COLLEGE (HINCKLEY) | 5PM-6PM NEWBRIDGE HIGH SCHOOL (COALVILLE)

### FRIDAY

5PM-6PM NEW COLLEGE (NEW PARKS) AND A GOALKEEPER CENTRE

5PM-6PM LUTTERWORTH ACADEMY

5:30PM-6:30PM BEAUMONT LEYS HIGH SCHOOL (BEAUMONT LEYS)

## £4 PER SESSION

### FOR MORE INFORMATION OR TO BOOK A PLACE

CALL 0344 815 5000 (OPTION 5) VISIT [WWW.LCFCDIRECT.COM](http://WWW.LCFCDIRECT.COM) EMAIL [KELLIE.INSKIP@LCFC.CO.UK](mailto:kellie.inskip@lcfc.co.uk)



# New College Leicester

Learning & Sports Village



Outstanding Progress for All

**New College Leicester**  
**Learning and Sports Village**  
Glenfield Road Leicester LE3 6DN

Tel: 0116 231 8500  
Email: [enquiries@newcollege.leicester.sch.uk](mailto:enquiries@newcollege.leicester.sch.uk)  
[www.newcollege.leicester.sch.uk](http://www.newcollege.leicester.sch.uk)  
Follow us  [@newcollegeleics](https://twitter.com/newcollegeleics)

