



## FEMALE ONLY SESSIONS THURSDAYS



Let us know if you don't want your photo taken



Wear weather suitable clothing



...and bring plenty to drink!

SESSION	VENUE	TIME	AGE
Big Local Coffee Morning	St Matthews House, 25 Kamloops Crescent, LE1 2HX	9am - 10.30am	
Five Ways to Wellbeing	St Margaret's, Pastures, St. Margaret's Way, LE1 3EA	1pm - 2.30pm	18 +
Social Football	Leicester Sports Centre 16 Commercial Square, LE2 7SR (£2 per session)	6pm-7pm	

\*All sessions will adhere to up-to-date UK Government and FA COVID-19 guidelines

Delivered in partnership with













TO REGISTER YOUR INTEREST PLEASE CONTACT:

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