12 November 2018

**Have a go at Horseball!**

An equestrian sports team from Derbyshire are holding a taster session on Sunday 18 November to encourage people to discover the sport of horseball.

Invented in France by a former riding instructor and rugby player, the sport of horseball is game played on horseback where a ball is handled and points are scored by shooting it through a 1 metre hoop 3.5 metres from the ground. The sport is a combination of polo, rugby and basketball and is one of ten equestrian disciplines officially recognised by the world governing body, the International Federation for Equestrian Sports.

The Derby Horseball Club is inviting newcomers to Ivanhoe Equestrian in Ashby-de-la-Zouch, North Leicestershire to come and learn basic skills and engage in activities around the sport of horseball.

The session is open to adults and children (above 4 years-old) and is for riders of all abilities, from lead rein to experienced riders.

The club does not offer horse hire and so participants are required to bring their own horse or pony.

Riders should wear a correctly fitted hat and riding boots as well as suitable clothing for riding e.g. jodhpurs or exercise trousers and a long sleeve top or sweatshirt. Horses are recommended to wear boots or bandages and overreach boots on all four legs but for the first session this is optional. Horses should also wear a martingale/breastplate or a neck strap.

The session will cost £10 per person and will run from 1:30 – 4:30pm.

Participants can book their place by email (derbyhorseballclub@gmail.com), phone (07717360166) or by messaging the Derby Horseball Club Facebook page (@DerbyHorseballClub).

For more information on horseball, visit: <https://www.britishhorseball.co.uk/>

**ENDS**

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